

Lana's Lark Designs

Ruffled Shorts & Capris

Instructions Written With The Beginner In Mind



**PDF Sewing
Pattern Designed
for 18" Dolls such
as American Girl®**



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If you experience problems or find errors in this pattern, please email me at lanfraz@hotmail.com.

Note: Seams are 3/8" unless otherwise stated.

Materials for Shorts:

¼ yard fabric

Contrasting ruffle(s) if desired:

First ruffle - two 2" x 14" pieces of fabric

Second ruffle if desired - two 2 ½" x 18" pieces of fabric

Thread

12" piece of 3/8" wide elastic

Pattern – **Note:** Your printer settings must be for actual size. Be sure to measure the 1 inch square to make sure the pattern printed correctly.

To Make Shorts:

1. Cutting Instructions:

- a. **Note:** To prepare the pattern for shorter shorts, fold or cut at the cutting line for shorter shorts.



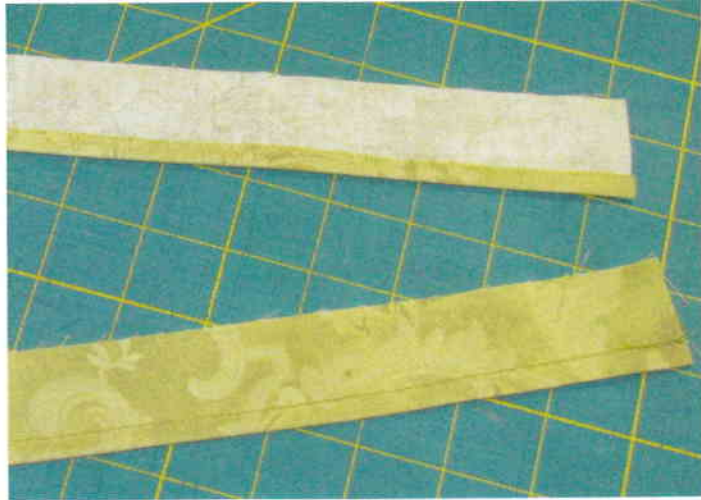
Cutting Layout for Longer Shorts with 2 Ruffles in Same Fabric

Note: Layout for Shorter Shorts with one contrasting ruffle would be the same with the exception of using only the First Ruffle pattern piece.

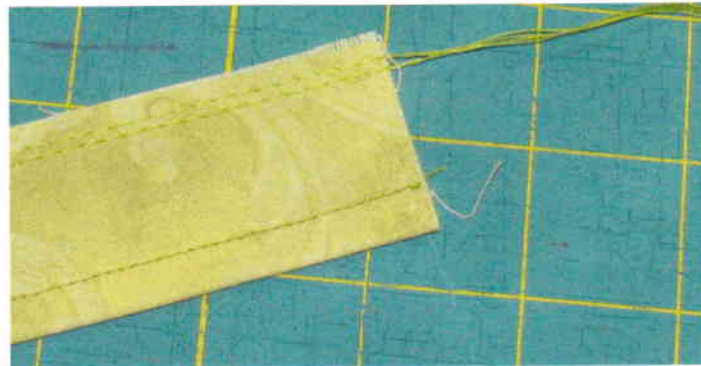
- b. Cut out all pieces.
- c. Transfer notches and dots to fabric.

2. Prepare Ruffles:

- a. Make a $\frac{1}{4}$ " hem along the long edge of each ruffle that is opposite the edge with the dot.



- b. Make two rows of gathering stitches along the other long edge of each ruffle.



3. Sew Ruffles to Shorts:

- a. **For first ruffle:** With right sides together, pin gathered edge of the shorter ruffle to bottom edge of shorts matching dots and the seam lines of the ruffle and inner leg seams. See **Figure 1**. **Note:** The ruffle ends do not match up to the slanted inner leg seam. Match only the point where the seams meet keeping ruffle edge even with bottom of shorts leg. See **Figures 2 and 3**.



Figure 1.



Figure 2.



Figure 3.

- b. Adjust gathers to fit.
Baste.



- c. If using only one ruffle, skip Step d.

- d. **For second ruffle**, if using:
Attach longer ruffle over the shorter ruffle with right side of longer ruffle facing the wrong side of the shorter ruffle matching dots and edges as before. Baste.



- e. Stitch and press seam allowances toward shorts.



- f. Top stitch 1/8" above seam.



4. Sewing Crotch Seam:

- a. For shorter shorts, trim ruffle seam allowance in crotch area to 1/8" above topstitching to remove bulk from crotch seam.



- b. Sew front crotch seam with right sides together matching double notches.



- c. Sew back crotch seam with right sides together matching triple notches.



- d. Stitch over original stitching on the curves to reinforce those seams.



- e. Press seams open clipping curves as necessary.



- f. Press seams open.



5. Inner leg seam:

- a. With right sides together, match front and back crotch seams and edges of ruffles.



- b. Stitch. Note:** The seam will pivot slightly where the ruffles were sewn to the shorts.



- c. Press seam open.**



6. Casing:

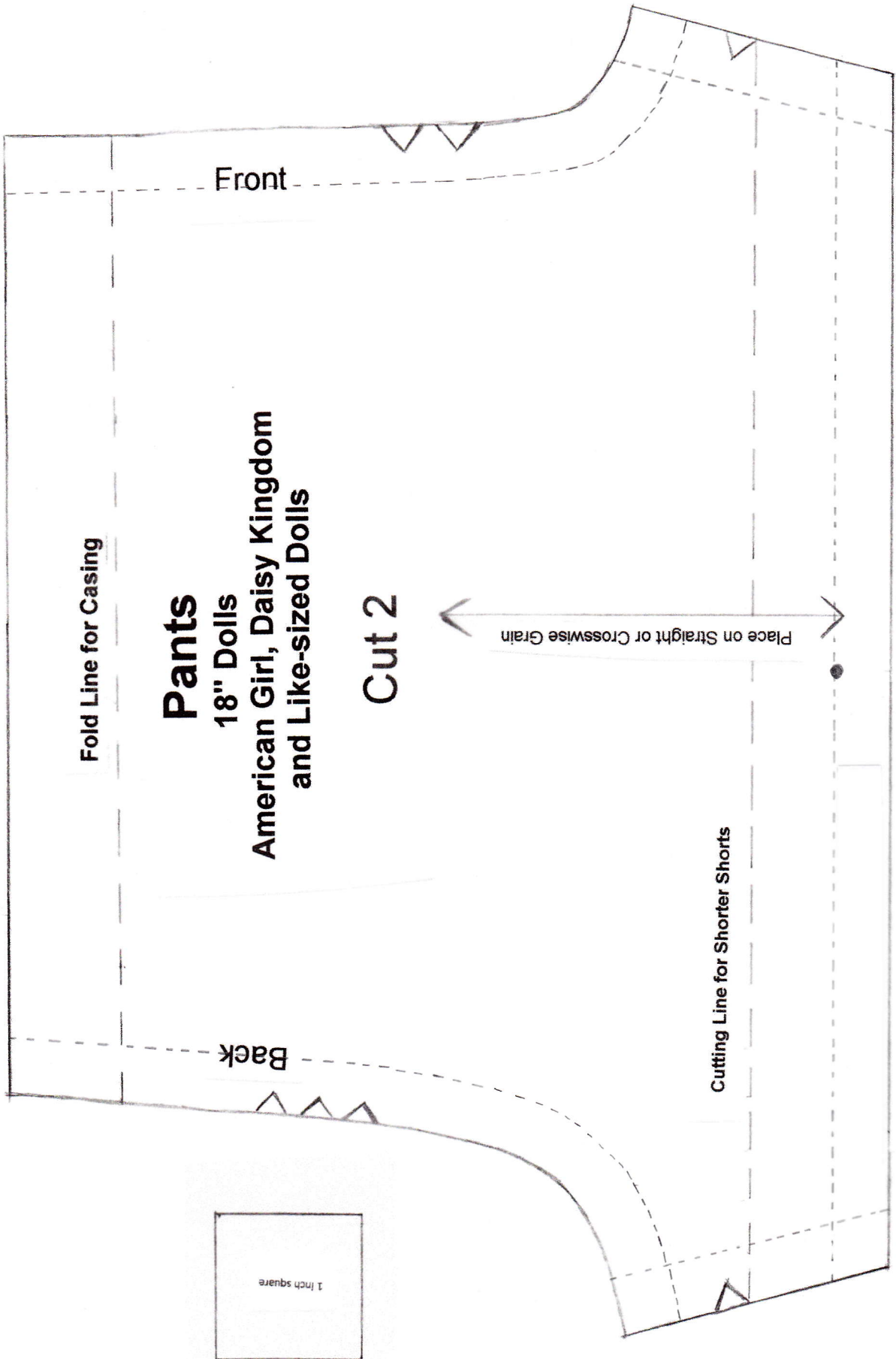
- a. Turn under $\frac{1}{4}$ " at top edge of shorts. Press. See **Figure 4**. Turn under $\frac{1}{2}$ " at top edge. Press. Topstitch in place leaving 1" open at back seam to insert the elastic. See **Figure 5**.

**Figure 4.****Figure 5.**

- b. Cut a piece of elastic to fit snugly around your doll's waist plus 1". See **Figure 6**. Using a safety pin attached to the end of the elastic, work elastic through the casing being careful not to pull the opposite end into the casing. See **Figure 7**. Overlap the ends of the elastic and stitch to join. See **Figure 8**. Finish sewing the casing closed.

**Figure 6.****Figure 7.****Figure 8.**

Congratulations!
Your shorts are finished, and your doll is going to love them.



Pants
18" Dolls
American Girl, Daisy Kingdom
and Like-sized Dolls

Cut 2

Fold Line for Casing

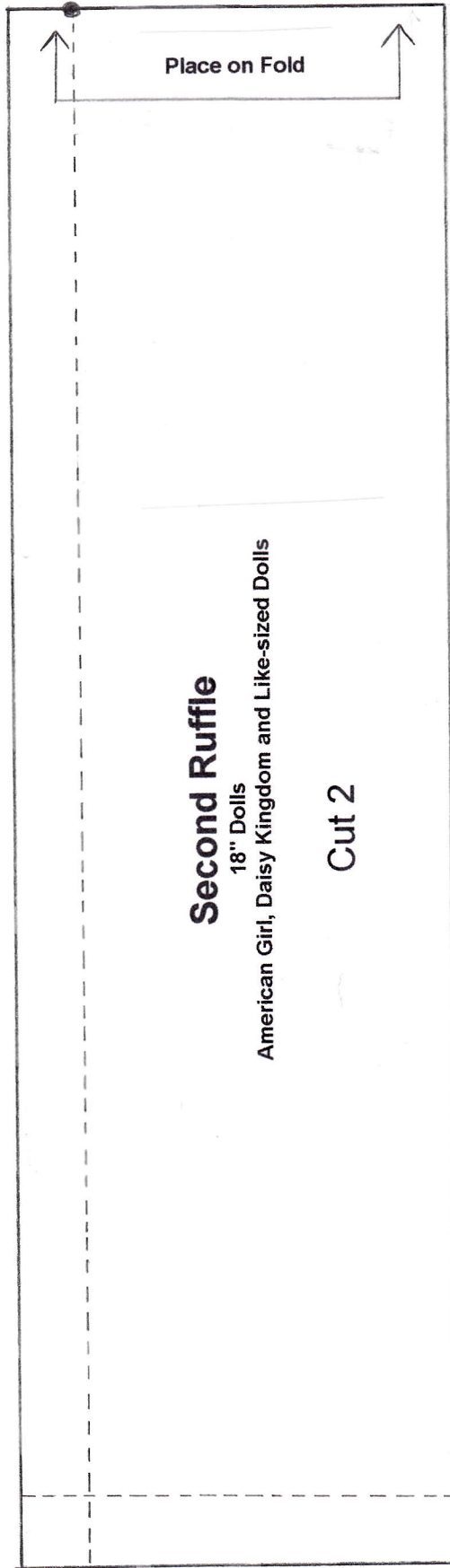
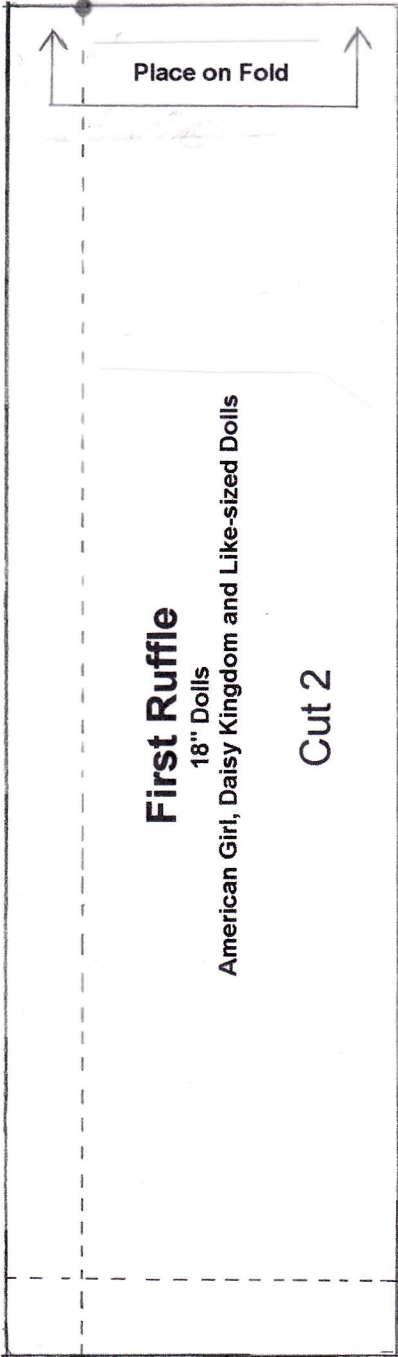
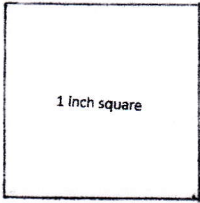
Back



Cutting Line for Shorter Shorts

Place on Straight or Crosswise Grain

Front



Materials:

- 3 – 10 gr balls size 5 Perle Cotton (If making a longer sweater, you will need 4 or more balls of Perle Cotton depending on how long you wish the sweater to be.)
- Size D crochet hook or size needed for gauge
- Buttons and/or snaps or velcro (see button closure instructions for size needed)
- ¼” wide ribbon to match Perle Cotton
- Sewing thread to match

Gauge: 7 dc = 1” Turning ch at beginning of rows will be counted as a dc.

Instructions:*Row 1:*

- Ch 40
- Dc in 3rd ch from hook and next 5 ch, (dc, ch 2, dc) in next ch
- Dc in next 7 ch, (dc, ch 2, dc) in next ch
- Dc in next 9 ch, (dc, ch 2, dc) in next ch
- Dc in next 7 ch, (dc, ch 2, dc) in next ch
- Dc in last 6 ch.

You should have 7 dc on each front section, 9 dc on each sleeve section, and 11 dc on the back section.

Row 2:

- Ch 2, turn
- Dc in next 6 dc, (2 dc, ch 2, 2 dc) in sp
- Dc in next 9 dc, (2 dc, ch 2, 2 dc) in sp
- Dc in next 11 dc, (2 dc, ch 2, 2 dc) in sp
- Dc in next 9 dc, (2 dc, ch 2, 2 dc) in sp
- Dc in next 7 dc

Rows 3-8:

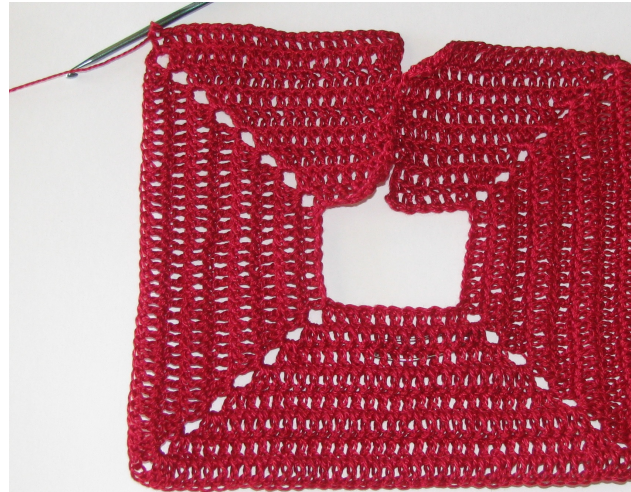
- Ch 2, turn
- Work dc in each dc, (2 dc, ch 2, 2 dc) in spaces

Row 8 is worked on the right side. Mark the right side with a safety pin or some other method. You will need to know which is the right and wrong side when you work the sleeves.

You should have 21 dc on each front section, 37 dc on each sleeve section, and 39 dc on the back section.

Row 9:

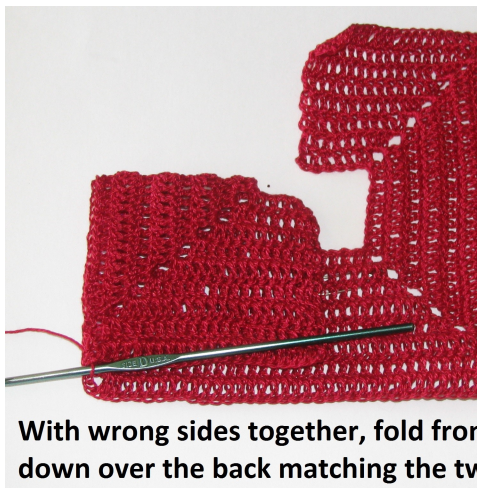
- Ch 2, turn
- Dc across the front section
- Dc in the space (See Figure 4)



**Dc in each dc across front and 1 dc in sp.
Ready to join front to back under the arm**

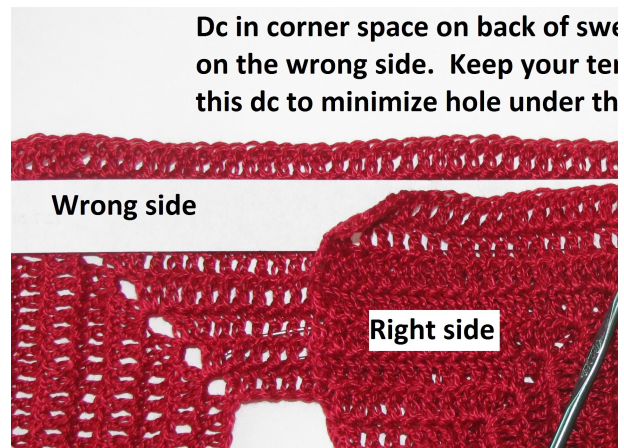
Figure 4

- Skip the sleeve section
- Dc in the next space (Tip: Fold wrong sides together with the front section towards you and the back section a little higher so you can see the space where you need to put the next dc. See Figures 5-7. Keep your tension very tight while making this stitch to minimize the hole under the arm.)



With wrong sides together, fold front down over the back matching the two

Figure 5



Dc in corner space on back of sweater on the wrong side. Keep your tension tight on this dc to minimize hole under the arm.

Wrong side

Right side

Figure 6



Figure 7

- Dc in each dc across the front
- Dc in the space
- Skip the sleeve section
- Dc in the next space (Tip: Fold wrong sides together with the back section towards you and the front section a little higher so you can see the space where you need to put the next dc. See Figure 8.)

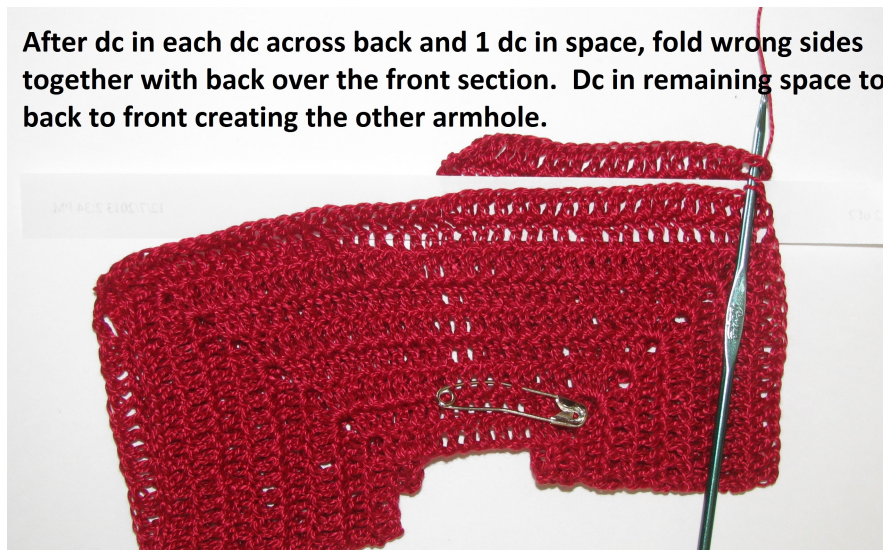


Figure 8

- Dc in each dc across the front section

You have now joined the back to both front sections under the arm and should have 85 dc across.

Row 10-15:

- Ch 2, turn,
- Dc across.

(Caution: In Row 10, be careful that you dc in the dc at the underarm. See the instructions in Figure 9. If you skip this dc under each arm, you will only have 83 dc across when you complete row 10.)



Figure 9

(Tip: If you want a longer sweater, simply repeat this step until the sweater is the length you desire ending your work on the wrong side.)

Edging on bottom of sweater:

(Suggestion: Use any crochet edging that you like. I used the Pineapple stitch edging.)

(Tip: A looser tension works best for the Pineapple stitch. If the tension is too tight, it will be difficult to pull the loop through all the loops on the hook.)

- Ch 2, turn
- *Make 1 hdc in first dc, yo, insert hook to the right of the hdc, yo and draw through to front. There are now 3 loops on the hook.
- Yo, insert hook to the right of the hdc again, yo and draw through to front. There are now 5 loops on the hook.
- Yo, insert hook to the right of the hdc again, yo and draw through to front. There are now 7 loops on the hook.
- Yo and draw the loop through the 7 loops on the hook.
- Ch 1. This completes 1 pineapple stitch.
- Skip 1 dc.*
- Repeat from * to * across the row until there are 3 dc left.

- Make 1 more pineapple stitch.
- Hdc in last dc.

Front and neck edging:

Row 1:

- Ch 1. Do not turn.
- 2 sc in each dc up the front edge making (2 sc, 1 ch, 1sc) in last dc on front.
- 1 sc in each space around neck making (1sc, 1 ch, 2 sc) in last sp of neck.
- 2 sc in remaining dc and in the hdc down the front.

Row 2:

- Ch 1, turn.
- Sc in each sc up the front edge, around the neck edge, and down the other front edge.
- Tie off.

Sleeves:

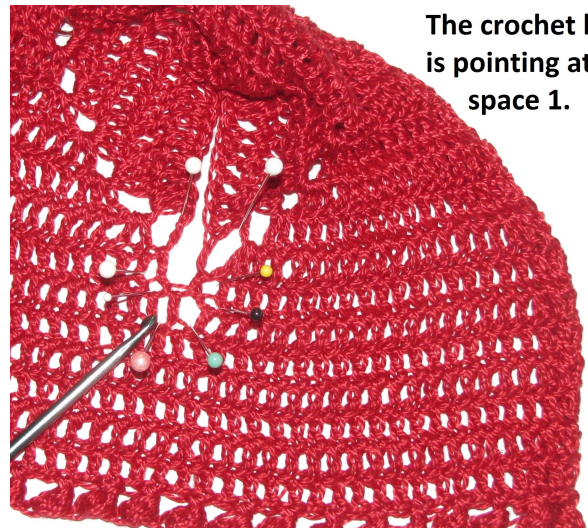
Row 1:

- With wrong side facing you, attach thread in sp 1 under the arm. See Figure 10 and 11.

There are several spaces under the arm.



Figure 10



The crochet hook is pointing at space 1.

Figure 11

- Ch 1 in sp 1 (this is the first sc in the row).
- Sc in sp 2. See Figure 12.
- Sc in sp 3. See Figure 13.
- Sc in corner sp. See Figure 14.

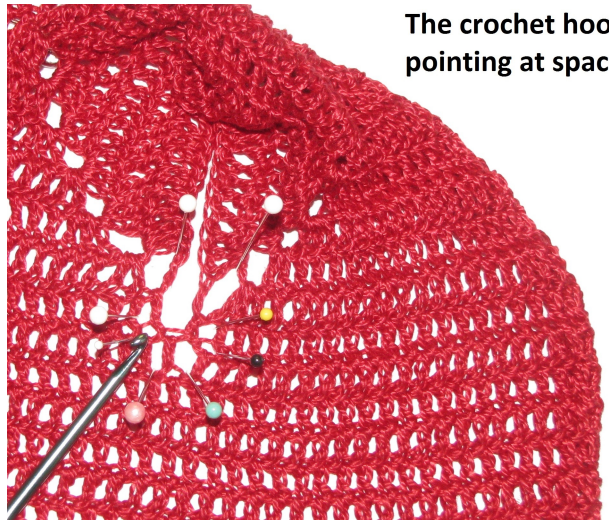


Figure 12

The crochet hoo
pointing at spac



Figure 13

The crochet hook is
pointing at
space 3.



Figure 14

The crochet hook is
pointing at the corner
space.

- Sc in next 4 dc.
- Hdc in next 5 dc.
- Dc in next 19 dc.
- Hdc in next 5 dc.
- Sc in next 4 dc.
- Sc in corner sp. See Figure 15.
- Sc in sp 4. See Figure 16.
- Sc in sp 5. See Figure 17.
- Sc in sp 6. See Figure 18.

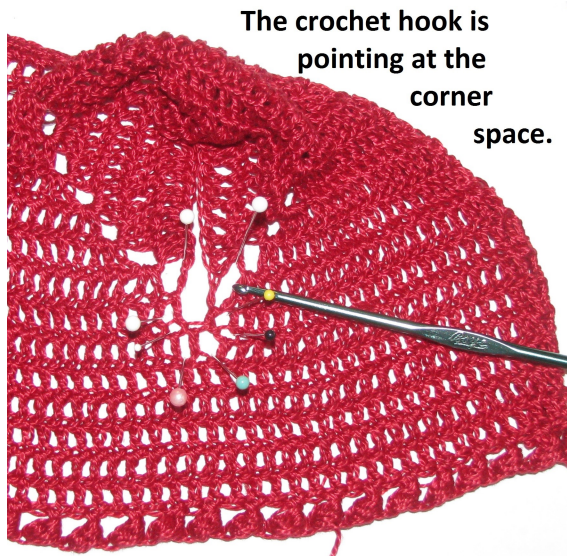


Figure 15

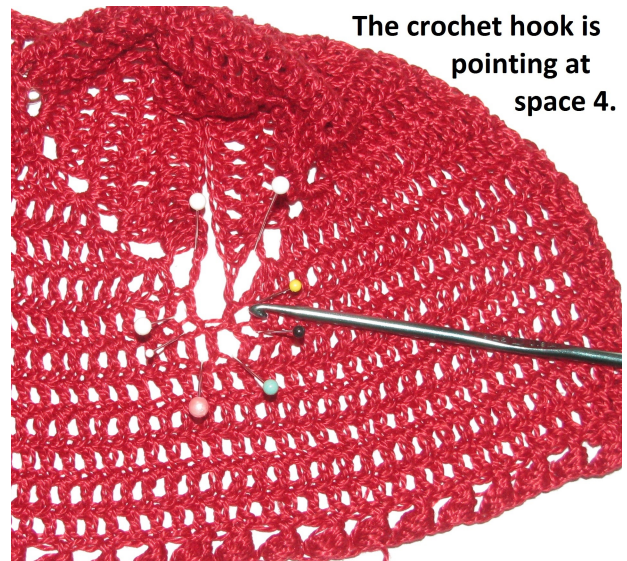


Figure 16

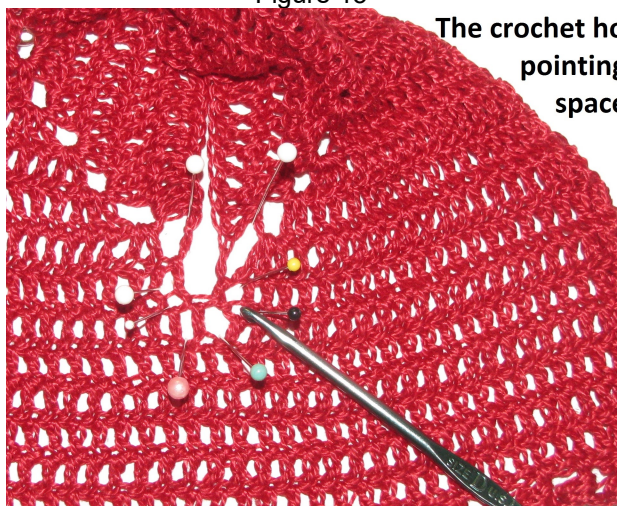


Figure 17

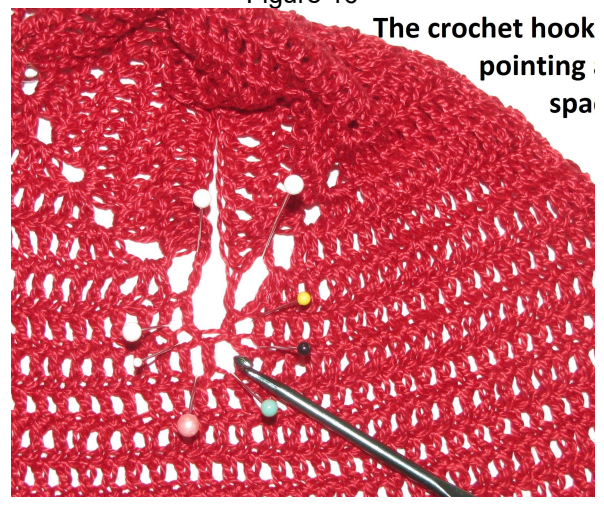


Figure 18

- Slip stitch in first sc of row.

Row 2:

- Ch 1, turn (this is the first sc in the row).
- Sc in next 8 sc.
- Hdc in next 5 hdc.
- Dc in next 19 dc.
- Hdc in next 5 hdc.
- Sc in next 7 sc.
- Slip stitch in first sc of row.

Row 3:

- Ch 1, turn (this is the first sc in the row).

- Sc decrease across next 2 dc. Repeat around.
- Slip stitch into beginning sc of row.

Row 4:

- Ch 1, turn (this is the first sc in the row).
- Sc in each sc around.
- Slip stitch into beginning sc of row.
- Tie off.

Repeat Rows 1-4 for the remaining sleeve.

Weave thread ends into crochet to hide.

Button Closure:

Note: Right and left in the instructions are as if you were wearing the sweater buttoned down the front. If that is confusing as it is for me, simply do what is shown in the pictures. Hope that is helpful.

- You will need to choose buttons that will fit into the “buttonhole” created by the double crochets along the front edge of the sweater. See Figure 19.



Figure 19. The arrows are pointing to the four openings created by the double crochets that I chose for my buttonholes. Any of the openings along the edge can be used depending on where you place your buttons.

- Sew a ¼ inch wide ribbon to the inside edge on the left side of the sweater. This will give you surface to sew the buttons to that will be more stable than the crocheted surface. See Figure 20.

- Sew the buttons on the left side as shown in Figure 19 above making sure you sew through the ribbon. You may use as many or as few buttons as you choose.



Figure 20

Snap Closure:

Note: This method of closure may be easier for children to use.

Note: I like buttons, so I added buttons to make the sweater appear to be buttoned.

- Sew $\frac{1}{4}$ inch wide ribbon to the inside of both front edges of the sweater as shown in Figure 21.



Figure 21

- Sew buttons along the outside right edge of the sweater as shown in Figure 21 above making sure you sew through the ribbon.

- Sew knob part of snaps under the buttons and the receiver part of the snaps on the outside of the left side. See Figure 22.



Figure 22



Figure 23. I like the look of a buttoned garment even if it is not.

Velcro Closure:

Note: I personally do not like Velcro closures because the hook part tends to catch on the crochet and cause unusual wear or damage to the garment. But if making this sweater for a small child who has difficulty with buttons or snaps, this may be a good choice.

- Sew one part of ¼” wide Velcro to the inside right edge of the sweater.

- Sew the other part of the ¼” wide Velcro to the outside left edge of the sweater.

Fun Tip: Shank buttons make fun embellishments for this sweater.

If you experience problems or find errors in this pattern, please email me at lanfraz@hotmail.com.

Congratulations! Your doll’s beautiful sweater is completed.

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